

A Reflection from Fr. Joseph

A good man draws what is good from the goodness in his heart; a bad man draws what is bad from the store of badness. For a man's words flow out of what fills his heart.'

Today's Gospel passage is one which is going to be difficult for us to accept. Difficult to accept because none of us is innocent when it comes to there being a gap between who we are and what we say. Difficult to accept because we may also be inclined to question whether the teaching is true - that we can only say good things if we, ourselves, are good. In which case, chances would be slim that we would model our lives according to this Gospel passage, if we neither like it, nor think that it is the right anyway.

Our ability to speak is a powerful and dangerous tool. It allows us to communicate with each other in ways that are often creative and subtle. We have only to think of the beauty of fine literature and the penetrating brilliance of the writings of great thinkers of past ages. It is language that allows us to express what we intuit and what we feel. It is also language that can enable us to come to realise some truth or feel some emotion, as we follow through an argument or read a moving story.

On the other hand we know, all too well, how to use language to manipulate others to our own ends and often to their harm. We can use language purely to destroy or undermine. And in this darker side, of our gift of speech, we can use the power of language to conceal, as we lie and flatter. Our language allows us, moreover, to reprove and criticize the actions of others, even though we, ourselves, are as guilty as they, or even to encourage and advise them to do things that we, ourselves, do not do.

This negative side of our language, in which what we say is often far removed from who we are or what we do, makes us feel uncomfortable with a Gospel that tells us that we should look for and remedy the faults in our own lives, before we set about the imperfections of others.

The Gospel aims not merely to reprove us for our hypocrisy or to deny that we should speak for the good of others, even if we ourselves are not good but rather, it sets out a vision of the integrity between who we are and what we say, which is not just for the good of others, but also for our own good. It tells us that we should cultivate goodness in ourselves - that we should be concerned for our own spiritual and moral welfare, if we are to be certain of helping others and if we are to realise our own full potential.

It is also good for us, because a harmony between all the elements of our lives brings us closer to the harmony that exists within the Godhead and raises us further into the dignity which God intends for us. Disharmony between who we are and what we say may lead to limited goods, but harmony holds out the promise of the supreme good that is God Himself.

*Life is full
of hypocrites.
Don't judge them,
just be sure
You
are not one of them.
Luke 6:42*



CATHOLIC WOMEN'S LEAGUE NEWS

- *Friendship Day: Join us this Sunday after the 9 & 11 am Masses at the entrance of the church.*

- *Membership Drive: Next Sunday, March 10th in the vestibule.*

DAILY SCRIPTURE READINGS

Mon. Mar. 4th - Sirach 17:24-27, 29; Mark 10:17-27

Tue. Mar. 5th - Sirach 35:1-12; Mark 10:28-31

Wed. Mar. 6th - ASH WEDNESDAY

Joel 2:12-18; 2 Cor. 5:20-6:2; Mat. 6:1-6, 16-18

Thurs. Mar. 7th - Deut. 30:15-20; Luke 9:22-25

Fri. Mar. 8th - Is. 58:1-9a; Mat. 9:14-15

Sat. Mar. 9th - Is. 58:9b-14; Luke 5:27-32

Sun. Mar. 10th - FIRST SUNDAY OF LENT

Deut. 26:4-10; Rom. 10:8-13; Luke 4:1-13

**PARISH ENVELOPES FOR 2019**

Have you picked up your set of parish envelopes for 2019 from the entrance of the church? If you have recently requested envelopes, they will also be there. Anyone wishing a set, call the parish office.

ALTAR SERVERS

Wed. Mar. 6th - 7:30 PM - Volunteers

Fri. Mar. 8th - 7:30 PM - Volunteers

Sat. Mar. 9th - 5:00 PM - A.Chavez, D.Giuliano, F.Hua, C & C Tsang.

Sun. Mar. 10th - 9:00 AM - C.Barraca, J.Casino, J & R Huang,

V.Velasquez. **11:00 AM** - M.Balocan, N & N Nunez, C.Paule,

S.Yip. **5:00 PM** - M. De Leon, A.Ferreira, M & M Hoang, R & R

Suganob, K & K Tan.



There will be a 2nd Collection next Sunday, at all the Masses for St. Joseph's Society.

TAX RECEIPTS

Tax receipts for your church contributions as well as your Project Advance contributions have been mailed. Thank you again for your generosity and support.

MASS INTENTIONS FOR THE WEEK

Sat. Mar. 2 nd	5 pm Mass for Joe Doyle, R.I.P.
Sun. Mar. 3 rd	9 am Mass for parishioners 11 am Mass for Rosaria Pulice, R.I.P. 2 pm Mass for Leopoldo Samillano, R.I.P. 5 pm Mass for Dely Vargas, R.I.P.
Mon. Mar. 4 th	8 am Mass for the int. of Evelyn Pang
Tue. Mar. 5 th	8 am Mass for Felippo Venditti, R.I.P.
Wed. Mar. 6 th	9 am Mass for the int. of Sunny Hill Patients 7:30 pm Novena Mass
Thur. Mar. 7 th	8:00 am Mass Alejandro Tacla, R.I.P.
Fri. Mar. 8 th	8:00 am Mass for Fr. Salvador Falalimfa, R.I.P. 7:30 pm Mass for Francisca Paone, R.I.P.
Sat. Mar. 9 th	9:00 am Mass Redwin & Roberto Jr. Domingo, R.I.P.

EXTRA LENTEN SERVICES

Starting this coming Friday, March 8th, we will have Stations of the Cross on Fridays at 7 pm followed by Mass. Please join us.



ASH WEDNESDAY

This Wednesday, Mar. 6th, is Ash Wednesday. It marks the beginning of Lent, a time of prayer, penance, fasting and almsgiving. The Penitential nature of Lent,

requires the secession of the Gloria & Alleluia until Easter and the removal of flowers from the Church.

Ash Wednesday is a universal day of fasting and abstinence from meat. Fasting among Christians is a penitential discipline intended to open our hearts to God and others, a means of purification and spiritual liberation, a witness of the depth of our faith. The law of abstinence from meat binds those who are 14 years and older; the law of fasting (2 light meals per day) binds those from 18 to 59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance.

Ashes will be distributed at the 9:00 am school Mass and at our 7:30 pm Novena Mass.

RCIA & ADULT FAITH FORMATION

Interested? Know someone who might be? Come or invite them to join our parish program. The program is suitable for all those interested in learning more about our faith and for Catholics who have not yet received the sacraments of Confirmation and Holy Communion and for those who would like to deepen their faith, whether you were baptized or not. For more info call the parish office at 604-434-6700.



DAYLIGHT SAVING TIME

Next Sunday, March 10th at 2 am

It's that time of the year again when we spring forward 1 hour. Please remember to change your clocks next Saturday before going to bed.

SCHOOL NEWS

- School Mass: This Wednesday at 9 am. Join us!
- Care Day: Tuesday March 5th
- New Family Application Forms

If you know of a family that is considering St. Jude School as a place for their child's education, please share the application form with them or direct them to the school website or office. Click [here](#) to see the application form.

ARCHDIOCESAN NEWS

Up-Coming Events

Stewardship Reflection

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit." (Luke 6:43)

Are you using your God-given gifts in the way God intended? Do you compare yourself to others and complain about what you don't have instead of being thankful for what you do have? God gives each of us unique gifts and a unique plan. Listen to how God is calling you to use your gifts, to bear good fruit, for the glory of his name.

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40 days for Life Campaign begins

Join us for the annual 40 days for Life Campaign and pray for an end to abortion. Campaign begins Wednesday, Mar. 6th Location: In front of the priests' residences, 4885 St. John Paul II Way, Van. For more info contact Alba Stevenson, Campaign Coordinator at 604-299-4123.

Freedom 2019

Freedom, the annual reconciliation event for youth sponsored by the Ministries and Outreach Office will take place on Friday, March 8, at St. Clare of Assisi Parish in Coquitlam, from 7-10:30 p.m. Participants will experience first-hand the healing power of Christ through music, prayer, testimonies and teachings, the Sacrament of Reconciliation, and Adoration. You won't want to miss this special event; come see why Freedom is often imitated, but never duplicated!

Rachel's Vineyard Retreat

"I stretch out my hands toward you, my soul to you like a parched land." – Psalm 143:6

Has your soul felt dry and without life since your abortion experience? Our loving Father is ready to send the abundant rains of His mercy to quench the dryness in your soul and restore new life in you. Your Rachel's Vineyard™ Retreat team has been there and wants nothing more than to walk with you as you stretch out your hands to God for His mercy. You are not alone. Join us on our next Retreat in May 2019. For confidential information and to register contact 604-525-0999.

Birtright Vancouver

Would you like to help women in crisis pregnancy situations? Birtright Vancouver is currently looking for volunteers who can commit 3 hours a week to this mission. Training provided. If interested, contact 604-687-7223 or birtrightvancouver@gmail.com

